



AT THE BARRE

---

Dance Company

INFORMATION BOOKLET

2021



# Welcome to At The Barre Dance Company

*Providing specialised, affordable dance education in a fun and family friendly environment. Creating lifelong opportunities for self confidence, physical fitness, and a love of dance.*

## Contact Details

Phone: 0431 997 180 (Melanie) or 0431 997 190 (Michelle)

Email: [atthebarredancecompany@gmail.com](mailto:atthebarredancecompany@gmail.com)

Web: [www.atthebarredancecompany.com.au](http://www.atthebarredancecompany.com.au)

## Studio Location

32 Mount Erin Road  
Campbelltown NSW 2560

## Contact Hours

Monday - Friday	10am - 2pm
Saturday - Sunday	Closed



AT THE BARRE  
Dance Company

## At The Barre (ATB) Staff

Michelle Cope - Director, Principal Teacher

Melanie May - Director, Principal Teacher

Tyler Pendergast - Dance Teacher, Acrobatic Arts Teacher



## Contents

Preschool Classes	5
BAL Technique Classes	6
Group Classes	7
Private Lessons	8
Uniform	9
Timetable	12
Fees	16
Fee Policy	17
Exams	18
Concert	18
Studio Rules / Notes	19
Social Media / Photography	19
2021 Calendar Dates	20



## Preschool Classes

### *Mummy & Me*

*(18mths - 3 yrs with parent/caregiver)*

The perfect class to introduce your child to the joy of dance. Our Mummy & Me classes allow you to be right there with your child boosting their confidence and helping them to develop their coordination, musicality and social skills. Mummy & Me classes will have you both moving and playing along with the music while introducing the basic movements of ballet and jazz in a relaxed and encouraging lesson.

### *Preschool Dance*

*(3 yrs - 5 yrs)*

For children ready to join group lessons on their own, this class introduces the foundations of ballet, jazz and tap in a fun and energetic way. It also begins to introduce the more complex skills required for BAL syllabus work for when children start school. Dancing and learning alongside their classmates, children will continue to develop their confidence, coordination, musicality, social skills, and dance techniques. With the perfect mix of fun and challenging exercises, you will be amazed at what your preschooler can achieve.

## BAL Technique Classes

*At The Barre* we teach Ballet Australasia Limited (BAL) technique classes in Ballet, Jazz, Hip Hop, Tap, and Tap 'N' Beats. Our technique classes include a warm up / cool down, BAL syllabus work, and other skills that compliment each specific dance style, giving you all the skills required to excel in your chosen genre.

### *Ballet*

Classical ballet technique alongside strengthening exercises to give a strong technical base. Classes include barre, centre, adage, and allegro as well as a classical routine.

### *Jazz + Hip Hop*

Our Jazz classes start with a warm up followed by jazz technique work. This includes barre, floor, centre, corner progressions and exciting jazz combinations. Then we switch it up to pump out lots of fun hip hop exercises including isolations, progressions and combinations.

### *Tap + Tap 'N' Beats*

BAL Tap syllabus exercises provide a strong technical base to every tapper from beginner to advanced. Adding in BAL's new Tap 'N' Beats syllabus with it's more relaxed style and funky rhythms makes for a well rounded and fun class.



## Group Classes

### *Junior Hip Hop*

A great introduction to hip hop including a high energy warm up followed by foundation skills of isolations, corner progressions and funky combinations.

### *Lyrical*

A beautiful modern expressive style of dance with its foundations in classical ballet. Our lyrical classes include a warm up, fundamental movements in the centre, floor, corner progressions and improvisation to help build our dancers expression, creativity and confidence.

### *Acro*

Cartwheel and tumble through our exciting acro classes. At ATB we follow the Acrobatic Arts acro dance syllabus. Classes focus on students' progression in flexibility, strength, balance, limbering and tumbling. In our acro classes students can build on their talents, skills and strength as well as learning new tricks.

### *Stretch + Tech*

A technique class designed to enhance our students flexibility, strength, and technical skills in the areas of turns, leaps, and other more advanced corner progressions.

## Private Lessons

### *Private Technique Lessons*

Private technique lessons are for those who would like extra exam practice or one on one time with a teacher to help them with their technique. Anyone can partake in these lessons.

### *Solo Lessons*

Solo lessons will be by selection and are for students we feel are ready to perform solo routines at competitions and performances. However, if you or your child is interested in doing solo's, please contact us. If your child is willing to practice and work hard - then they are already halfway there.





## Uniform

### *All Classes*

- Hair pulled back in neat bun with optional ATB ribbon
- Black Capezio MC100C Leotard (required for exams)  
For regular and preschool classes any black leotard can be worn.
- Black Crossover (winter)
- ATB jacket (optional)

### *Mummy & Me*

- Salmon pink stockings
- Ballet shoes
- Parent / caregiver (Mummy & Me) - any comfortable clothing and shoes

### *Preschool Classes*

- Salmon pink stockings
- Ballet shoes
- Tan buckle tap shoes



## *Boys*

- White Short Sleeve Leotard, White T-Shirt, or White Singlet
- Black shorts or pants
- Ballet + Lyrical - Black Split Sole Ballet Shoes, White Socks
- Jazz + Hip Hop - Black Split Sole Jazz Shoes, Black High Top Sneakers, Black Socks
- Tap - Black Lace Up Tap Shoes, Slick Lace Up Oxford Taps for Grade 1 and Over, Black Socks

## *Ballet*

- Convertible Salmon Pink Stockings
- Pink Leather Split Sole Ballet Shoes, MDM preferred  
Elastics (Beginners to Grade 2), Ribbons (Grade 3 and Over)

If you are attending Ballet and other classes on the same day please wear your convertible ballet or skin tone stockings for all lessons.

## *Lyrical*

- Convertible Salmon Pink Stockings
- Capezio Leather Pirouette (half ballets)

## *Jazz*

- ATB Shorts
- Optional ATB Top (can be worn in class instead of leotard)
- Matte Skin Tone Stockings
- Tan Slip On Split Sole Jazz Shoes, Bloch or Capezio preferred



## *Hip Hop*

- Hip Hop Pants and Singlet (required for exams, style TBC)
- Optional ATB Shorts and/or Top (can be worn in class instead of leotard)
- Matte Skin Tone Stockings
- Black High Top Sneakers

## *Tap + Tap 'N' Beats*

- ATB Shorts
- Optional ATB Top (can be worn in class instead of leotard)
- Matte Skin Tone Stockings
- Tan Bloch Rhythm with Camille High Rise Tap Plates (Beginners to Primary), Tan Slick PRO Buckle Tap Shoes (Grade 1 and Over)

## *Acro*

- Any combination of ATB Shorts, ATB Top, black leotard, black short, black crop top may be worn.
- No shoes or socks

***Please remember to label all clothing and shoes with your name.***



## Timetable

### MONDAY

	<b>Time</b>	<b>Class</b>
<b>Studio 1</b>	4:00pm - 4:45pm	Pre-Primary Ballet
	4:45pm - 5:30pm	Pre-Primary Jazz
	5:30pm - 6:00pm	Pre-Primary Tap
	6:00pm - 6:30pm	Junior Hip Hop
	6:30pm - 7:00pm	Junior & Intermediate Lyrical
	7:00pm - 7:45pm	Junior & Intermediate Acro
	7:45pm - 8:30pm	Elementary Jazz
	8:30pm - 9:15pm	Senior Lyrical
<b>Studio 2</b>	3:45pm - 4:00pm	Private Lesson
	4:00pm - 4:45pm	Primary Ballet
	4:45pm - 5:30pm	Primary Jazz
	5:30pm - 6:00pm	Primary Tap
	6:00pm - 6:30pm	Private Lesson
	6:30pm - 7:45pm	NOT AVAILABLE
	7:45pm - 8:30pm	Grade 5 Jazz
	8:30pm - 8:45pm	Private Lesson
<b>Studio 3</b>	3:45pm - 4:00pm	Private Lesson



4:00pm - 4:45pm	Grade 1 & 2 Tap
4:45pm - 5:45pm	Grade 1 & 2 Ballet
5:45pm - 6:30pm	Grade 1 Jazz + Primary Hip Hop

## TUESDAY

	<b>Time</b>	<b>Class</b>
<b>Studio 1 + 2</b>	9:30am - 10:15am	Preschool Dance
	4:00pm - 4:45pm	Elementary Ballet
	4:45pm - 5:30pm	Pre-Senior Lyrical
	5:30pm - 6:30pm	Pre-Senior Acro
	6:30pm - 7:30pm	Grade 4 Jazz + Grade 3 Hip Hop
	7:30pm - 8:15pm	Grade 3 Jazz + Grade 2 Hip Hop
	8:15pm - 8:30pm	Grade 4 + 5 Tap
	8:30pm - 9:15pm	Grade 5 Tap + Tap 'N' Beats
<b>Studio 3</b>	4:00pm - 4:45pm	Grade 4 Ballet
	4:45pm - 5:00pm	Elementary Ballet Pointe
	5:00pm - 5:30pm	Level 10 Glenn Wood Tap
	5:30pm - 5:45pm	Private Lesson
	5:45pm - 6:30pm	Intermediate Jazz
	6:30pm - 7:15pm	Grade 3 Ballet



## THURSDAY

	<b>Time</b>	<b>Class</b>
<b>Studio 1 + 2</b>	3:45pm - 4:00pm	Private Lesson
	4:00pm - 5:00pm	Grade 3 Jazz + Grade 2 Hip Hop
	5:00pm - 5:30pm	Pre-Senior Stretch + Tech
	5:30pm - 6:15pm	Grade 3 Ballet
	6:15pm - 7:15pm	Grade 5 Tap + Tap 'N' Beats
	7:15pm - 8:15pm	Grade 5 Jazz + Grade 4 Hip Hop
	8:15pm - 9:15pm	Private Lesson
<b>Studio 3</b>	3:45pm - 4:00pm	Private Lesson
	4:00pm - 4:30pm	Beginners Ballet
	4:30pm - 5:00pm	Beginners Jazz
	5:00pm - 5:30pm	Pre-Stage Tap 'N' Beats
	5:30pm - 6:15pm	Grade 4 Ballet



## FRIDAY

	<b>Time</b>	<b>Class</b>
<b>Studio 1 + 2</b>	3:45pm - 4:30pm	Preschool Dance
	4:30pm - 4:45pm	Private Lesson
	4:45pm - 5:00pm	Private Lesson
	5:00pm - 6:00pm	Pre-Elementary Ballet
	6:00pm - 6:15pm	Private Lesson
	6:15pm - 7:00pm	Elementary Jazz
	7:00pm - 7:30pm	Level 10 Glenn Wood Tap
	7:30pm - 8:30pm	Elementary Ballet
	8:30pm - 9:15pm	Intermediate Jazz

## SATURDAY

	<b>Time</b>	<b>Class</b>
<b>Studio 1 + 2</b>	9:00am - 9:15am	Private Lesson
	9:30am - 10:15am	Preschool Dance

### ***PLEASE NOTE***

***This timetable is subject to change.***







## Fee Policy

Fees are calculated on a weekly basis and paid per term. Term fees are payable and due no later than Week 2 of each term. Invoices will be issued via email prior to the start of term.

Registration fees are payable upon registering.

All prices shown include GST.

### *Payment Methods*

Payments can be made online via bank transfer (preferred) or cash.

Payment plans are also available on request through IntegraPay.



## Exams

*At The Barre* we teach Ballet Australasia Limited (BAL) technique classes in Ballet, Jazz, Hip Hop, Tap, and Tap 'N' Beats.

All students in Beginners level and above will be invited by ATB, to sit an exam conducted by an official BAL examiner. Exams are a positive experience and a great way for students to gain confidence and achieve their goals. Exams are highly encouraged and supported by all teachers. Upon completion each child will receive an official BAL report and certificate.

Exams for 2021 will be held during Term 3, dates TBA.

## Concert

After exams are completed in August preparations begin for our yearly concert. All students will learn a routine to be performed at the concert during their regular classes. Our concert will be held on 12th December 2021, date TBC.

This will be a fantastic opportunity for all students to showcase their skills and improvement for the year. Every student will be involved in the concert and will perform one or more routines on stage.

We know Term 4 can be an expensive time for families, so we will have costume installment dates throughout the year.

We will keep costs to a minimum the best way we can and the costume/s will be yours to keep afterwards.



## Studio Rules / Notes

- Students should be dressed and ready to enter class on time. All classes begin with a warm up which prepares the body for the lesson ahead so it is important to be present for this.
- Please bring a bottle of water into class.
- Parents are asked to please wait outside the classroom while lessons are in progress, or drop off / pick up your child promptly for lessons. Open weeks will be run once a term where parents, family, and friends will be welcome to attend.

## Social Media / Photography

- Permission for your child to appear in photos on social media such as Facebook and Instagram, on our website as well as other forms of advertising is optional. Please indicate your preference on your registration form.
- During events where family and/or friends are present such as Open Weeks photos/videos of your own child are permitted so long as they are appropriate.
- No private filming is permitted during our end of year concert.
- Photos/videos of children other than your own are not permitted and may not be shared on social media or other public forums unless consent is given from all parents/guardians of children in the photo/video.
- Any person(s) taking inappropriate photos/videos or not following these rules will be asked to leave and may be reported to authorities.



## 2021 Calendar Dates

<b>Event</b>	<b>Date</b>
Re-enrolments start	Monday 14th December
Registration Day	Friday 22nd January 2021
Registration Day	Sunday 24th January 2021
Term 1 - first day of classes	Monday 1st February
Mufti Week	Monday 22nd to Saturday 27th February
Easter Dress Up Week	Friday 19th to Thursday 25th March
Open Week - Term 1	Friday 26th March to Thursday 1st April
Term 1 - last day of classes	Thursday 1st April
Term 2 - first day of classes	Monday 19th April
Crazy Hair Week	Monday 10th to Saturday 15th May
Concert Costume Deposit Due	Saturday 22nd May
Pyjama Week	Monday 7th to Saturday 12th June
* Queen's Birthday Public Holiday	Monday 14th June
BAL Exam Fees Due	Saturday 26th June
Term 2 - last day of classes	Saturday 26th June
Mock Exams	2nd Week of Holidays
Term 3 - first day of classes	Monday 12th July
Mufti Week	Monday 16th to Saturday 31st July
Crazy Sock Week	Monday 23rd to Saturday 28th August
BAL Exams	Term 3 - TBC
BAL Presentation Day	September - TBC
Open Week - Term 3	Monday 13th to Saturday 18th September
Concert Costume Fees Due	Saturday 14th August
Term 3 - last day of classes	Saturday 18th September

* Public Holiday	Monday 4th October
Term 4 - first day of classes	Tuesday 5th October
Halloween Dress Up Week	Monday 25th to Saturday 30th October
Dress Rehearsal Week	Monday 29th Nov to Saturday 4th Dec
Photo Day	Sunday 5th December - TBC
Christmas Dress Up Week	Monday 6th to Saturday 11th December
Stage Rehearsal	Friday 3rd December - TBC
Term 4 - last day of classes	Thursday 9th December
Annual Concert	Friday 10th December - TBC
Registration Day	Friday 21st January - TBC
Registration Day	Sunday 23rd January - TBC

**\* Classes do not run on these dates**

***PLEASE NOTE***

***Calendar dates are subject to change.***