



AT THE BARRE

Dance Company

INFORMATION BOOKLET

2024



Welcome to At The Barre Dance Company

Providing specialised, affordable dance education in a fun and family friendly environment. Creating lifelong opportunities for self confidence, physical fitness, and a love of dance.

Contact Details

Phone: 0431 997 180 (Melanie) or 0431 997 190 (Michelle)

Email: atthebarredancecompany@gmail.com

Web: www.atthebarredancecompany.com.au

Studio Location

3/51 Anderson Road
Smeaton Grange NSW 2567

Phone Contact Hours

Monday - Friday	10am - 2pm
Saturday - Sunday	Closed



At The Barre (ATB) Staff

Michelle Cope - Director, Principal Teacher
(Cert IV Dance Teaching and Management, MBAL)

Melanie May - Director, Principal Teacher
(Cert IV Dance Teaching and Management, MBAL)

Tyler Pendergast - Dance Teacher, Acrobatic Arts Teacher
(RAD Certificate in Ballet Teaching Studies, MBAL, Acrobatic Arts)

* All staff hold current first aid certifications



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Preschool Classes

ADAs Little Gems

(3 yrs - 5 yrs)

Ada's Little Gems is an imaginative based program aiming to build confidence and introduce children to the world of dance through

combining the fundamentals of Ballet, Jazz, Tap, Hip Hop, AcroDance, Mime and Movement in a fun creative way.



This class introduces the foundations of dance in a fun and energetic way.

It also begins to introduce the more complex skills required for BAL syllabus work in later years. Dancing and learning alongside their classmates, children will continue to develop their confidence, coordination, musicality, social skills, and dance techniques.

Our 45 minute classes include ribbons, agility equipment, and dance games to keep the learning play focused and fun. Parents are welcome to stay in the room to watch their child and help build their confidence which prepares them to move up to Beginners when they start Kindergarten.

With the perfect mix of fun and challenging exercises, you will be amazed at what your preschooler can achieve.



BAL Technique Classes

At *The Barre* we teach Ballet Australasia Limited (BAL) technique classes in Ballet, Jazz, Hip Hop, Tap, Tap 'N' Beats, and National Character. Our technique classes include a warm up / cool down, BAL syllabus work, and other skills that compliment each specific dance style, giving you all the skills required to excel in your chosen genre.

Ballet

Classical Ballet technique alongside strengthening exercises to give a strong technical base. Classes include barre, centre, adage, and allegro as well as a classical routine.

Jazz

Our Jazz classes start with a warm up followed by jazz technique work. This includes barre, floor, centre, corner progressions and exciting jazz combinations with different jazz styles included in each grade.

Hip Hop

Hip Hop is a fun high energy class including a warm up followed by lots of great hip hop exercises including isolations, progressions, combinations and a hip hop routine. Junior Hip Hop introduces foundation skills for hip hop for younger students before their BAL grades commence.



Tap + Tap 'N' Beats

BAL Tap syllabus exercises provide a strong technical base to every tapper from beginner to advanced. Adding in BAL's new Tap 'N' Beats syllabus with its more relaxed style and funky rhythms makes for a well rounded and fun class.

National Character

The BAL Character syllabus covers traditional national dance styles from a different country in each grade. Students learn exercises on the barre, components and steps and then perform them in a national dance.

Group Classes

Lyrical

A beautiful modern expressive style of dance with its foundations in classical ballet. Our lyrical classes include a warm up, fundamental movements in the centre, floor, corner progressions and improvisation to help build our dancers expression, creativity and confidence.

Acro

Cartwheel and tumble through our exciting acro classes. At ATB we follow the Acrobatic Arts acro dance syllabus. Classes focus on students' progression in flexibility, strength, balance, limbering and tumbling. In our acro classes students can build on their talents, skills and strength as well as learning new tricks.



Stretch + Tech

A technique class designed to enhance our students flexibility, strength, and technical skills in the areas of turns, leaps, and other more advanced corner progressions.

Private Lessons

Private Technique Lessons

Private technique lessons are for those who would like extra exam practice or one on one time with a teacher to help them with their technique. Anyone can partake in these lessons.

Solo Lessons

Solo lessons are by selection and are for students we feel are ready to perform solo routines at competitions and performances. However, if you or your child is interested in doing solo's, please contact us. If your child is willing to practice and work hard - then they are already halfway there.

Competition Troupe

Troupes are a great way to enhance our students' performance and technical skills for those ready for a challenge. Our teams compete at a number of competitions during the year as well as performing at local events such as the Camden Show. Entry to troupe teams is via selection by studio principals only. We always keep a close eye on all our students and their progression across all styles of dance. If we feel your child is ready for competition level troupes you will receive an invitation.



Uniform

All Classes

- Hair pulled back in neat bun with optional ATB ribbon
- **Black Energetiks Ophelia Camisole (CL09/AL09) Leotard (required for exams)**
For regular and preschool classes any style / brand black leotard can be worn.
- Black Crossover (winter)
- ATB jacket (optional)

Preschool Classes

- Salmon pink stockings
- Ballet shoes
- Tan buckle tap shoes

Ballet

- Convertible Salmon Pink Stockings
- Pink Leather Split Sole Ballet Shoes, MDM preferred
Elastics (Beginners to Grade 2), Ribbons (Grade 3 and Over)

If you are attending Ballet and other classes on the same day please wear your convertible ballet or skin tone stockings for all lessons.



National Character

- Convertible Salmon Pink Stockings
- Black Character Shoes
- ATB Character Skirt

Lyrical

- Convertible Salmon Pink Stockings
- Capezio Leather Pirouette (half ballets)

Jazz

- ATB Shorts
- Optional ATB Top (can be worn in class instead of leotard)
- Matte Skin Tone Stockings
- Tan Slip On Split Sole Jazz Shoes, Bloch or Capezio preferred

Hip Hop

- Hip Hop Pants and Singlet (required for exams, style TBC)
- Optional ATB Shorts and/or Top (can be worn in class instead of leotard)
- Matte Skin Tone Stockings
- Black High Top Sneakers



Tap + Tap 'N' Beats

- ATB Shorts
- Optional ATB Top (can be worn in class instead of leotard)
- Matte Skin Tone Stockings
- Tan Slick PRO Buckle Tap Shoes

Acro

- Any combination of ATB Shorts, ATB Top, black leotard, black short, black crop top may be worn.
- No shoes or socks.

Boys

- White Short Sleeve Leotard, White T-Shirt, or White Singlet
- Black shorts or pants
- Ballet + Lyrical - Black Split Sole Ballet Shoes, White Socks
- Jazz + Hip Hop - Black Split Sole Jazz Shoes, Black High Top Sneakers, Black Socks
- Tap - Black Slick Lace Up Oxford Taps, Black Socks

Please remember to label all clothing and shoes with your name.



Timetable

MONDAY

	Time	Class
Studio 1	4:00pm - 4:45pm	Primary Ballet
	6:30pm - 7:00pm	Intermediate Tap
	7:00pm - 7:30pm	Grade 5 + Elementary Character
	7:30pm - 9:00pm	Advanced Ballet
	9:00pm - 9:30pm	Private Lesson
Studio 2	4:15pm - 4:45pm	Pre-Primary Ballet
	4:45pm - 5:15pm	Pre-Primary Jazz
	5:15pm - 5:30pm	Private Lesson
	5:30pm - 6:15pm	Primary + Grade 1 Tap
	6:15pm - 6:30pm	Private Lesson
	6:30pm - 7:00pm	Pre-Primary Hip Hop
Studio 3	4:00pm - 4:45pm	Grade 1 Ballet
Upstairs	4:45pm - 5:30pm	Primary + Grade 1 Jazz
	5:30pm - 6:00pm	Private Lesson
	6:30pm - 7:00pm	Primary Hip Hop
	7:00pm - 7:30pm	Junior Acro
	7:30pm - 8:00pm	Junior Lyrical
	8.00pm - 8.45pm	Private Lesson



TUESDAY

	Time	Class
Studio 3 (Upstairs)	9:30am - 10:15am	Ada's Little Gems (Preschool)
Studio 3 (Upstairs)	2:30pm - 3:00pm	Advanced Jazz
	3:00pm - 3:30pm	Advanced Tap
	3:30pm - 4:00pm	Stage 10 TNB
	4:00pm - 5:00pm	Beginners Ballet / Jazz / Tap
	5:00pm - 6:00pm	Pre-Elementary Ballet + Pointe
	6:00pm - 6:30pm	Grade 5 Hip Hop
	6:30pm - 7:00pm	Elementary Hip Hop
	7:00pm - 7:30pm	Stage 9 TNB
	7:30pm - 8:00pm	Intermediate Character
	8:00pm - 8:30pm	Advanced Pointe
	8:30pm - 8:45pm	Grade 4 Character
Studio 1	7:30pm - 8:00pm	Senior Acro
	8:00pm - 8:30pm	Senior Lyrical
	8:30pm - 8:45pm	Private Lesson
	8:45pm - 9:30pm	Elementary Jazz



WEDNESDAY

	Time	Class
Studio 1	3:45pm - 4:00pm	Private Lesson
	4:00pm - 4:30pm	Intermediate Lyrical
	4:30pm - 5:00pm	Intermediate Acro
	5:00pm - 5:30pm	Grade 1 + 2 Hip Hop
	5:30pm - 6:15pm	Grade 5 Jazz
	6:15pm - 6:30pm	BREAK
	6:30pm - 7:15pm	Grade 4 Jazz
	7:15pm - 8:00pm	Grade 2 + 3 Jazz
	8:00pm - 8:30pm	Primary + 1 Character
Studio 2	5:30pm - 6:15pm	Grade 4 Tap
	6:30pm - 7:15pm	Grade 2 + 3 Tap
	7:15pm - 8:00pm	Grade 5 Tap
Studio 3	5:00pm - 5:30pm	Grade 3 + 4 Hip Hop
	5:30pm - 6:15pm	Grade 2 + 3 Ballet
	6:30pm - 7:15pm	Grade 5 Ballet
	7:15pm - 8:00pm	Grade 4 Ballet
	8:00pm - 8:30pm	Grade 2 + 3 Character



THURSDAY

	Time	Class
Studio 1 + 2	7:30pm - 8:00pm	Senior Stretch
	8:00pm - 8:30pm	Advanced Jazz
	8:30pm - 9:15pm	Elementary Jazz
	9:15pm - 9:30pm	Grade 5 Character
Studio 3	4:00pm - 4:30pm	Advanced Tap
	4:30pm - 5:00pm	Stage 10 TNB
	5:00pm - 6:00pm	Pre-Ele Ballet + Pointe
	6:00pm - 6:30pm	Grade 5 Hip Hop
	6:30pm - 7:00pm	Stage 9 TNB
	7:00pm - 7:30pm	Ele + Int Character
	8:00am - 8:30pm	Elementary Hip Hop
9:15pm - 9:30pm	Grade 4 Character	

FRIDAY

	Time	Class
Studio 1	4:00pm - 4:15pm	Private Lesson
	4:15pm - 5:00pm	Grade 4 Jazz
	5:00pm - 5:45pm	Grade 4 Ballet
	5:45pm - 6:30pm	Grade 4 Tap
	6:30pm - 6:45pm	Private Lesson
	6:45pm - 7:30pm	Grade 2 + 3 Jazz
	7:30pm - 8:00pm	Intermediate Stretch
	8:00pm - 8:30pm	Grade 5 Jazz
	8:30pm - 8:45pm	Private Lesson



Studio 2	4:15pm - 5:00pm	Grade 2 + 3 Ballet
	5:00pm - 5:45pm	Grade 2 + 3 Tap
	5:45pm - 6:15pm	Grade 1 + 2 Hip Hop
	6:45pm - 7:15pm	Grade 2 + 3 Character
Studio 3	4:15pm - 5:00pm	Grade 5 Ballet
	5:00pm - 5:30pm	Grade 4 Hip Hop
	5:30pm - 5:45pm	Private Lesson
	5:45pm - 6:30pm	Grade 5 Tap
	6:30pm - 6:45pm	Private Lesson
	6:45pm - 7:15pm	Grade 3 Hip Hop
	7:15pm - 7:30pm	Private Lesson
	7:30pm - 7:45pm	Private Lesson
	7:45pm - 8:00pm	Private Lesson
	8:00pm - 8:30pm	Primary + 1 Character



SATURDAY

	Time	Class
Studio 1 + 2	8:45am - 9:15am	6u Jazz Troupe
	9:15am - 9:45am	Junior Stretch
Studio 3	8:45am - 9:30am	Ada's Little Gems (Preschool)
	9:45am - 10:15am	10u Jazz Troupe
	10:15am - 10:45am	10u Tap Troupe
	10:45am - 11:15am	Intermediate Tap
	11:15am - 12:30pm	Advanced Ballet

PLEASE NOTE

This timetable is subject to change.



Fees

Ada's Little Gems (Preschool Classes)

30 minute class	\$10 per class
45 minute class	\$15 per class

Technique & Group Classes

30 minute class	\$10 per class
45 minute class	\$15 per class
1 hour class	\$20 per class

Junior Unlimited Classes **\$55 per week**

Over 4 hours worth of lessons per week! That's a discount of over 30%
For students in Beginners, Pre-Primary, Primary and Grade 1.

Senior Unlimited Classes **\$77 per week**

Over 7 hours worth of lessons per week! That's a discount of over 45%
For students Grade 2 and over.

Private Lessons (*technique or solo, solo by selection only*)

15 minutes	\$17 per class
30 minutes	\$28 per class

Troupe (by selection only)

1 style	\$10 per week
2 styles	\$15 per week
3 or more styles	\$20 per week

Annual Registration Fee **\$90 single / \$40 per sibling**



Annual Registration Inclusions

- A position all registered classes for the full year
- End of year participation award
- BAL exam awards for those completing exams
- Annual Concert Video Link
- Concert Stage Rehearsal at Casula Powerhouse Theatre

Private Lessons and Troupe fees are not included in unlimited rates.

Fee Policy

Fees are calculated on a weekly basis and paid per term. Term fees are payable and due no later than Week 2 of each term. Invoices will be issued via email prior to the start of term.

Registration fees are payable upon registering.

Family discounts available, contact us for details.

All prices shown include GST.

Payment Methods

Payments can be made online via bank transfer (preferred) or cash.

Payment plans are also available on request through Payrix.



Exams

At *The Barre* we teach Ballet Australasia Limited (BAL) technique classes in Ballet, Jazz, Hip Hop, Tap, Tap 'N' Beats, and National Character.

All students in Beginners level and above that are ready will be invited by ATB, to sit an exam conducted by an official BAL examiner. Exams are a positive experience and a great way for students to gain confidence and achieve their goals. Exams are highly encouraged and supported by all teachers. Upon completion each child will receive an official BAL report and certificate.

Exams for 2024 will be held during Term 3, dates TBA.

Concert

After exams are completed in August preparations begin for our yearly concert. All students will learn a routine to be performed at the concert during their regular classes. Our concert will be held on Wednesday 18th December 2024 at Casula Powerhouse Theatre.

This will be a fantastic opportunity for all students to showcase their skills and improvement for the year. Every student will be involved in the concert and will perform one or more routines on stage.

We know Term 4 can be an expensive time for families, so we will have costume installment dates throughout the year.

We will keep costs to a minimum the best way we can and the costume/s will be yours to keep afterwards.



Studio Rules / Notes

- Students should be dressed and ready to enter class on time. All classes begin with a warm up which prepares the body for the lesson ahead so it is important to be present for this.
- Please bring a bottle of water into class.
- Parents are asked to please wait outside the classroom while lessons are in progress, or drop off / pick up your child promptly for lessons. Open weeks will be run once a term where parents, family, and friends will be welcome to attend.

Social Media / Photography

- Permission for your child to appear in photos on social media such as Facebook and Instagram, on our website as well as other forms of advertising is optional. Please indicate your preference on your registration form.
- During events where family and/or friends are present such as Open Weeks photos/videos of your own child are permitted so long as they are appropriate.
- **No private filming is permitted during our end of year concert. All students will receive a professional Concert Video.**
- Photos/videos of children other than your own are not permitted and may not be shared on social media or other public forums unless consent is given from all parents/guardians of children in the photo/video.
- Any person(s) taking inappropriate photos/videos or not following these rules will be asked to leave and may be reported to authorities.



2024 Calendar Dates

Event	Date
Registration Day	Thursday 25th January 5pm - 8pm
Term 1 - first day of classes	Monday 29th January
Mufti Week	Monday 26th February - Saturday 2nd March
Camden Show	Saturday 16th March
Easter Dress Up Week	Friday 22nd March - Thursday 28th March
* Good Friday	Friday 29th March
* Easter Saturday	Saturday 30th March
* Easter Monday	Monday 1st April
Open Week - Term 1	Monday 8th April - Saturday 13th April
Term 1 - last day of classes	Saturday 13th April
* ANZAC Day Public Holiday	Thursday 25th April
Term 2 - first day of classes	Monday 29th April
Crazy Hair Week	Monday 13th - Saturday 18th May
* King's Birthday Public Holiday	Monday 10th June
Pyjama Week	Monday 24th - Saturday 29th June
Open Week - Term 2	Monday 1st - Saturday 6th July
BAL Exam Fees Due	Saturday 6th July
Concert Costume Deposit Due	Saturday 6th July
Term 2 - last day of classes	Saturday 6th July
Term 3 - first day of classes	Monday 22nd July
Mock Exams	Saturday 10th August & Sunday 11th August
St Thomas More Fete	August - TBC
BAL Exams	Thursday 22nd - Monday 26th August - TBC
Mufti Week	Monday 26th - Saturday 31st August



Crazy Sock Week	Monday 16th - Saturday 21th September
Open Week - Term 3	Monday 23rd - Saturday 28th September
Concert Costume Fees Due	Saturday 28th September
Term 3 - last day of classes	Saturday 28th September
BAL Presentation Day	September / October - TBC
* Labour Day Public Holiday	Monday 7th October
Term 4 - first day of classes	Monday 14th October
Halloween Dress Up Week	Friday 25th October - Thursday 31st October
Dress Rehearsal Week	Monday 2nd - Saturday 8th December
Photo Day	Sunday 8th December
Christmas Dress Up Week	Monday 9th - Saturday 14th December
Term 4 - last day of classes	Saturday 14th December
Stage Rehearsal	Tuesday 17th December
Annual Concert	Wednesday 18th December
Registration Day	January - TBC
Term 1 - first day of classes	January - TBC
* Classes do not run on these dates	

PLEASE NOTE

Calendar dates are subject to change.