



AT THE BARRE

Dance Company

INFORMATION BOOKLET

2026



Welcome to At The Barre Dance Company

Providing specialised, affordable dance education in a fun and family friendly environment. Creating lifelong opportunities for self confidence, physical fitness, and a love of dance.

Contact Details

Phone: 0431 997 180 (Melanie) or 0431 997 190 (Michelle)

Email: atthebarredancecompany@gmail.com

Web: www.atthebarredancecompany.com.au

Studio Location

3/51 Anderson Road
Smeaton Grange NSW 2567

Phone Contact Hours

Monday - Friday	10am - 2pm
Saturday - Sunday	Closed



At The Barre (ATB) Staff

Michelle Cope - Director, Principal Teacher
(Cert IV Dance Teaching and Management, MBAL)

Melanie May - Director, Principal Teacher
(Cert IV Dance Teaching and Management, MBAL)

Tyler Pendergast - Dance Teacher, Acrobatic Arts Teacher
(RAD Certificate in Ballet Teaching Studies, MBAL, Acrobatic Arts)

Imogen Cope - Dance Teacher
(Cert III Dance Teaching, MBAL)

Eliza Meredith - Dance Teacher
(Cert III Dance Teaching, MBAL)

* All staff hold current first aid certifications



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Preschool Classes

ADAs Little Gems

(3 yrs - 5 yrs)

Ada's Little Gems is an imaginative based program aiming to build confidence and introduce children to the world of dance through

combining the fundamentals of Ballet, Jazz, Tap, Hip Hop, AcroDance, Mime and Movement in a fun creative way.



This class introduces the foundations of dance in a fun and energetic way. It also begins to introduce the more complex skills required for BAL syllabus work in later years. Dancing and learning alongside their classmates, children will continue to develop their confidence, coordination, musicality, social skills, and dance techniques.

Our 45 minute classes include ribbons, agility equipment, and dance games to keep the learning play focused and fun. Parents are welcome to stay in the room to watch their child and help build their confidence which prepares them to move up to Beginners when they start Kindergarten.

With the perfect mix of fun and challenging exercises, you will be amazed at what your preschooler can achieve.



BAL Technique Classes

At *The Barre* we teach Ballet Australasia Limited (BAL) technique classes in Ballet, Jazz, Hip Hop, Tap, Tap 'N' Beats, and National Character. Our technique classes include a warm up / cool down, BAL syllabus work, and other skills that compliment each specific dance style, giving you all the skills required to excel in your chosen genre.

Ballet

Classical Ballet technique alongside strengthening exercises to give a strong technical base. Classes include barre, centre, adage, and allegro as well as a classical routine.

Jazz

Our Jazz classes start with a warm up followed by jazz technique work. This includes barre, floor, centre, corner progressions and exciting jazz combinations with different jazz styles included in each grade.

Hip Hop

Hip Hop is a fun high energy class including a warm up followed by lots of great hip hop exercises including isolations, progressions, combinations and a hip hop routine. Junior Hip Hop introduces foundation skills for hip hop for younger students before their BAL grades commence.



Tap + Tap 'N' Beats

BAL Tap syllabus exercises provide a strong technical base to every tapper from beginner to advanced. Adding in BAL's new Tap 'N' Beats syllabus with its more relaxed style and funky rhythms makes for a well rounded and fun class.

National Character

The BAL Character syllabus covers traditional national dance styles from a different country in each grade. Students learn exercises on the barre, components and steps and then perform them in a national dance.

Group Classes

Lyrical

A beautiful modern expressive style of dance with its foundations in classical ballet. Our lyrical classes include a warm up, fundamental movements in the centre, floor, corner progressions and improvisation to help build our dancers expression, creativity and confidence.

Acro

Cartwheel and tumble through our exciting acro classes. At ATB we follow the Acrobatic Arts acro dance syllabus. Classes focus on students' progression in flexibility, strength, balance, limbering and tumbling. In our acro classes students can build on their talents, skills and strength as well as learning new tricks.



Stretch + Tech

A technique class designed to enhance our students flexibility, strength, and technical skills in the areas of turns, leaps, and other more advanced corner progressions.

Private Lessons

Solo Lessons

Solo lessons are by selection and are for students who are ready to perform solo routines at competitions and performances. However, if you or your child is interested in doing solos, please contact us. If your child is willing to practice and work hard, they are already halfway there.

Competition Troupe

Troupes are a great way to enhance our students' performance and technical skills for those ready for a challenge. Our teams compete at a number of competitions during the year and at local events such as the Camden Show. Entry to troupe teams is via selection by studio principals only. We always keep a close eye on all our students and their progression across all styles of dance. If we feel your child is ready for competition-level troupes, you will receive an invitation.



Uniform

All Classes

- Hair pulled back in a neat bun with optional ATB ribbon
- **Black Bloch Overture Oriana Princess Seam Leotard (L0856G/L0856L)**
For regular and preschool classes, any style/brand of black leotard can be worn.
- Black Crossover (winter)
- ATB jacket (optional)

Preschool Classes

- Salmon Pink Stockings
- Pink Leather Ballet Shoes
- Tan Buckle Tap Shoes

Ballet

- Convertible Salmon Pink Stockings
- Pink Leather Split Sole Ballet Shoes, Bloch or Capezio preferred
Elastics (Beginners to Grade 2), Ribbons (Grade 3 and Over)

If you are attending Ballet and other classes on the same day please wear your convertible ballet or skin tone stockings for all lessons.



National Character

- Convertible Salmon Pink Stockings
- Black Character Shoes
- ATB Character Skirt

Lyrical

- Convertible Salmon Pink Stockings
- Pink Leather Half-Ballet Shoes, Bloch or Capezio preferred

Jazz

- ATB Shorts (required for exams)
- Optional ATB Crop Top or Tank Top (can be worn in class instead of a leotard)
- Matte Skin Tone Stockings
- Tan Slip On Split Sole Jazz Shoes, Bloch or Capezio preferred

Hip Hop

- Hip Hop Pants and ATB Tank Top (required for exams)
- Optional ATB Shorts and/or ATB Crop Top or Tank Top (can be worn in class instead of a leotard)
- Matte Skin Tone Stockings
- Black High Top Sneakers



Tap + Tap 'N' Beats

- ATB Shorts
- Optional ATB Crop Top or Tank Top (can be worn in class instead of a leotard)
- Matte Skin Tone Stockings
- Tan Slick PRO Buckle Tap Shoes

Acro

- Any combination of ATB Shorts, ATB Crop Top or Tank Top, black leotard may be worn.
- No shoes or socks.

Boys

- White Short Sleeve Leotard or White T-Shirt or White Singlet
- Black shorts or pants
- Ballet + Lyrical - Black Split Sole Ballet Shoes, White Socks
- Jazz + Hip Hop - Black Split Sole Jazz Shoes, Black High Top Sneakers, Black Socks
- Tap - Black Slick Lace Up Oxford Taps, Black Socks

Please remember to label all clothing and shoes with your name.



Timetable

MONDAY

	Time	Class
Studio 1	4:00pm - 4:45pm	Grade 1 Ballet
	4:45pm - 5:30pm	Grade 1 Jazz
	5:30pm - 6:15pm	Grade 1 Tap
	6:30pm - 6:45pm	Private Lesson
	6:45pm - 7:00pm	Private Lesson
	7:00pm - 8:30pm	Intermediate Ballet
	8:30pm - 8:45pm	Private Lesson
	8:45pm - 9:30pm	Solo Seal
Studio 2	4:00pm - 4:30pm	Pre-Primary Ballet
	4:30pm - 5:00pm	Pre-Primary Jazz
	5:00pm - 5:30pm	Pre-Primary Tap
	6:30pm - 7:00pm	Pre-Primary Hip Hop
	7:00pm - 7:30pm	Intermediate Stretch
	7:30pm - 8:00pm	Intermediate Acro
Studio 3	4:00pm - 4:45pm	Primary Ballet
	4:45pm - 5:30pm	Primary Jazz
	5:30pm - 6:15pm	Primary Tap
	6:15pm - 6:30pm	Private Lesson
	6:30pm - 7:00pm	Primary Hip Hop
	7:00pm - 7:30pm	Junior Acro
	7:30pm - 8:00pm	Junior Lyrical
	8:00pm - 8:30pm	Intermediate Lyrical
8:30pm - 9:30pm	Advanced Tap	



TUESDAY

	Time	Class
Studio 1	2:30pm - 3:30pm	Solo Seal
	3:30pm - 4:00pm	Intermediate Ballet
	8:00pm - 8:15pm	Senior Acro + Senior Lyrical Cont
	8:15pm - 9:00pm	Advanced Jazz
	9:00pm - 9:30pm	Intermediate Jazz
Studio 3	4:00pm - 5:00pm	Beginners Ballet / Jazz / Tap 1 and 2
	5:00pm - 5:15pm	Private Lesson
	5:15pm - 6:00pm	Elementary Ballet
	6:00pm - 6:30pm	Advanced Character
	6:30pm - 7:00pm	Elementary Hip Hop + Character
	7:00pm - 7:30pm	Pre-Elementary Ballet
	7:30pm - 8:00pm	Senior Acro + Lyrical
	8:15pm - 9:00pm	Intermediate Tap + Stage 9
	9:00pm - 9:30pm	Glenn Wood Tap



WEDNESDAY

	Time	Class
Studio 1	5:00pm - 5:30pm	Grade 2 Character
	5:30pm - 6:00pm	Grade 3 Hip Hop
	6:00pm - 6:15pm	BREAK
	6:15pm - 7:00pm	Grade 4 Ballet
	7:00pm - 7:45pm	Grade 5 Jazz
	7:45pm - 8:00pm	Private Lesson
	8:00pm - 8:15pm	Private Lesson
	8:15pm - 8:30pm	Private Lesson
	8:30pm - 8:45pm	14u Tap Troupe
	8:45pm - 9:00pm	14u Jazz Troupe
Studio 2	5:00pm - 5:30pm	Pre Grade Character
	5:30pm - 6:00pm	Grade 1 Hip Hop
	6:00pm - 6:15pm	BREAK
	6:15pm - 7:00pm	Grade 2 Ballet
	7:00pm - 7:45pm	Grade 2 Jazz
	7:45pm - 8:30pm	Grade 2 Tap
Studio 3	4:00pm - 4:45pm	Ada's Little Gems (Preschool)
	4:45pm - 5:00pm	Private Lesson
	5:00pm - 5:30pm	Grade 3 Character
	5:30pm - 6:00pm	Grade 5 Hip Hop
	6:00pm - 6:15pm	BREAK
	6:15pm - 7:00pm	Elementary Tap
	7:00pm - 7:45pm	Grade 4 Jazz
	7:45pm - 8:30pm	Grade 4 Tap



THURSDAY

	Time	Class
Studio 1	3:45pm - 4:00pm	Private Lesson
	4:00pm - 4:30pm	Advanced Tap
	8:00pm - 8:30pm	Open Age Troupes
	8:30pm - 9:00pm	Advanced Jazz
	9:00pm - 9:30pm	Intermediate Jazz
Studio 3	4:30pm - 5:00pm	Intermediate Ballet
	5:00pm - 5:30pm	Elementary Hip Hop
	5:30pm - 6:00pm	Intermediate Tap + Stage 9
	6:00pm - 6:30pm	Advanced Character
	6:30pm - 7:30pm	Pre-Elementary + Elementary Ballet
	7:30pm - 8:00pm	Senior Stretch
	8:30pm - 9:00pm	Elementary Character
	9:00pm - 9:15pm	Private Lesson
	9:15pm - 9:30pm	Private Lesson



FRIDAY

	Time	Class
Studio 1	4:00pm - 4:30pm	Pre Pointe Class - Grade 4 & Over Ballet
	4:30pm - 5:00pm	Pre-Elementary Ballet
	5:00pm - 5:30pm	Grade 2 Character
	5:30pm - 6:00pm	Grade 3 Hip Hop
	6:00pm - 6:15pm	BREAK
	6:15pm - 7:00pm	Grade 4 Ballet
	7:00pm - 7:45pm	Grade 4 Jazz
	7:45pm - 8:30pm	Grade 4 Tap
Studio 2	5:00pm - 5:30pm	Pre Grade Character
	5:30pm - 6:00pm	Grade 1 Hip Hop
	6:00pm - 6:15pm	BREAK
	6:15pm - 7:00pm	Grade 2 Ballet
	7:00pm - 7:45pm	Grade 2 Jazz
Studio 3	4:00pm - 4:45pm	Ada's Little Gems (Preschool)
	4:45pm - 5:00pm	Private Lesson
	5:00pm - 5:30pm	Grade 3 Character
	5:30pm - 6:00pm	Grade 5 Hip Hop
	6:00pm - 6:15pm	BREAK
	6:15pm - 7:00pm	Elementary Tap
	7:00pm - 7:45pm	Grade 5 Jazz
7:45pm - 8:30pm	Grade 2 Tap	



SATURDAY

	Time	Class
Studio 1	8:15am - 9:15am	12u Troupes
Studio 2	8:15am - 8:45am	Junior Stretch
	8:45am - 9:15am	10u Tap Troupe
Studio 3	8:30am - 9:15am	Ada's Little Gems (Preschool)
	9:15am - 9:45am	6u Tap Troupe
	9:45am - 10:15am	10u Jazz Troupe
	10:15am - 10:45am	8u Jazz Troupe

PLEASE NOTE

This timetable is subject to change.



Fees

Ada's Little Gems (Preschool Classes)

30 minute class \$10 per class

45 minute class \$15 per class

Technique & Group Classes

30 minute class \$10 per class

45 minute class \$15 per class

1 hour class \$20 per class

Junior Unlimited Classes \$55 per week

Over 4 hours worth of lessons per week! That's a discount of over 30%
For students in Beginners, Pre-Primary, Primary and Grade 1.

Senior Unlimited Classes \$77 per week

Over 7 hours worth of lessons per week! That's a discount of over 45%
For students Grade 2 and over.

Private Lessons (*by selection only*)

15 minutes \$17 per class

30 minutes \$28 per class

Troupe (*by selection only*)

1 style \$10 per week

2 styles \$15 per week

3 or more styles \$20 per week

Annual Registration Fee \$90 single / \$40 per sibling



Annual Registration Inclusions

- A position in all registered classes for the full year
- End of year participation award
- BAL exam awards for those completing exams
- Annual Concert Video Digital Copy
- Concert Stage Rehearsal at Casula Powerhouse Theatre

Private Lessons and Troupe fees are not included in unlimited rates.

Fee Policy

Fees are calculated on a weekly basis and paid per term. Term fees are payable and due no later than Week 2 of each term. Invoices will be issued via email prior to the start of term.

Registration fees are payable upon registering.

Family discounts available, contact us for details.

All prices shown include GST.

Payment Methods

Per-term payment plans through Payrix (preferred).

Payments can also be made online via bank transfer or cash.



Exams

At The Barre we teach Ballet Australasia Limited (BAL) technique classes in Ballet, Jazz, Hip Hop, Tap, Tap 'N' Beats, and National Character.

All students in Beginners level and above that are ready will be invited by ATB, to sit an exam conducted by an official BAL examiner. Exams are a positive experience and a great way for students to gain confidence and achieve their goals. Exams are highly encouraged and supported by all teachers. Upon completion each child will receive an official BAL report and certificate.

Exams for 2026 will be held during Term 3, dates TBA.

Concert

After exams are completed in August, preparations begin for our yearly concert. All students will learn a routine to be performed at the concert during their regular classes. **Our concert will take place on Wednesday, 16th December 2026 at the Casula Powerhouse Theatre. The stage rehearsal will be held on Monday, 14th December.**

This will be a fantastic opportunity for all students to showcase their skills and improvement for the year. Every student will be involved in the concert and will perform one or more routines on stage.

We know Term 4 can be an expensive time for families, so we will have costume installment dates throughout the year.

We will keep costs to a minimum the best way we can and the costume/s will be yours to keep afterwards.



Studio Rules / Notes

- Students should be dressed and ready to enter class on time. All classes begin with a warm up which prepares the body for the lesson ahead so it is important to be present for this.
- Please bring a bottle of water into class.
- Parents are asked to please wait outside the classroom while lessons are in progress, or drop off / pick up your child promptly for lessons. Open weeks will be run once a term where parents, family, and friends will be welcome to attend.

Social Media / Photography

- Permission for your child to appear in photos on social media such as Facebook and Instagram, on our website as well as other forms of advertising is optional. Please indicate your preference on your registration form.
- During events where family and/or friends are present such as Open Weeks photos/videos of your own child are permitted so long as they are appropriate.
- **No private filming is permitted during our end of year concert. All students will receive a professional Concert Video.**
- Photos/videos of children other than your own are not permitted and may not be shared on social media or other public forums unless consent is given from all parents/guardians of children in the photo/video.
- Any person(s) taking inappropriate photos/videos or not following these rules will be asked to leave and may be reported to authorities.



2026 Calendar Dates

Event	Date
Registration Day	Thursday 29th January 6pm - 8pm
Australia Day Public Holiday	Monday 26th January
Term 1 - first day of classes	Monday 2nd February
Mufti Week	Monday 23rd Feb - Sat 28th Feb (Week 4)
Camden Show - Troupes	Saturday 21st March 2:30pm
Easter Dress Up Week	Fri 20th March - Thurs 26th March (Week 7/8)
Open Week - Term 1	Fri 27th March - Thurs 2nd April (Week 8/9)
Term 1 - last day of classes	Thursday 2nd April
* Good Friday	Friday 3rd April
* Easter Saturday	Saturday 4th April
* Easter Monday	Monday 6th April
Term 2 - first day of classes	Monday 20th April
* ANZAC Day Public Holiday	Saturday 25th April
Crazy Hair Week	Monday 4th May - Saturday 9th May (Week 3)
Pyjama Week	Monday 1st June - Saturday 6th June (Week 7)
* King's Birthday Public Holiday	Monday 8th June
BAL Exam Fees Due	Saturday 27th June (Week 10)
Open Week - Term 2	Mon 29th June - Sat 4th July (Week 11)
Concert Costume Deposit Due	Saturday 4th July (Week 11)
Term 2 - last day of classes	Saturday 4th July
Term 3 - first day of classes	Monday 20th July
Mock Exams	Saturday 8th Aug & Sunday 9th Aug (Week 3)
BAL Exams	Mon 17th - Fri 21st August (Week 5) TBC
Bring A Friend Week	Monday 24th - Saturday 29th August (Week 6)



Mufti Week	Monday 31st Aug - Saturday 5th Sept (Week 7)
Crazy Sock Week	Monday 14th - Saturday 19th Sept (Week 9)
Open Week - Term 3	Monday 21st - Saturday 26th Sept (Week 10)
Concert Costume Fees Due	Saturday 26th September
BAL Exam Fees Due	Saturday 26th September
Term 3 - last day of classes	Saturday 26th September
* Labour Day Public Holiday	Monday 5th October
Term 4 - first day of classes	Monday 12th October
Halloween Dress Up Week	Monday 26th Oct - Saturday 31st Oct (Week 3)
BAL Exams	Friday 13th November (Week 5) TBC
Concert Tickets On Sale	Sunday 15th November 9am
Dress Rehearsal Week	Sat 28th Nov- Wed 2nd Dec (Week 7 / 8)
Photo Day	Thursday 3rd December - 4pm start
Christmas Dress Up Week	Monday 7th - Saturday 12th Dec (Week 9)
Term 4 - last day of classes	Saturday 12th December
Stage Rehearsal	Monday 14th December
Annual Concert	Wednesday 16th December
Registration Day	January - TBC
Term 1 - first day of classes	January - TBC

* **Classes do not run on these dates**

PLEASE NOTE

Calendar dates are subject to change.